

The Ring-tum Phi

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Freshmen serve in Nabors' memory

Freshman Leadership Council organizes day of community service to honor Jonathan Nabors

By Max Smith
STAFF WRITER

Community service and a brief ceremony marked the passage of the first annual Jonathan Nabors Memorial Day.

The Freshman Leadership Council sponsored the day of service in memory of Nabors, a freshman at Washington and Lee University who was killed in a Jan. 3 car accident returning to school following Christmas break.

Most who participated gained a feeling of satisfaction from doing so, and felt that the message of the day was a worthy one.

"It was definitely a success and we hope to make it an annual event," freshman Stacy McLoughlin said.

McLoughlin estimated that more than 100 freshmen participated in the various activities that made up the service day.

Following brunch in the BDG Quad, the day kicked off with a ceremony honoring Nabors. Freshman class president Grant Dickson welcomed the group and introduced the speakers; Dean Mark Dalhouse and Nabors' roommate Mike Reynold.

The class also presented Mrs. Nabors, Jonathan's mother, with flowers and a tree honoring Nabors was planted in front of Baker dorm.

Nabors' mother, father, and aunt attended the ceremony. They said they plan to return for every future service day.

Following the ceremony, volunteers left for various community service activities. Students helped out at the Food Pantry for Rockbridge Area Relief Association, Yellowbrick Road Daycare Center, and Boxerwood Gardens. Others helped at a Big Buddy/Little Buddy field day, featuring events including soccer and slip n' slide.

Freshman Will Atkinson traveled with a group to Glasgow to help an elderly woman clean up her "unruly" shrubs. Afterwards, they talked with the woman for an hour on topics ranging from the weather to the time she and her husband cleared the trees off their plot to build the house.

"You could tell we brightened up her day," Atkinson said. "She enjoyed the company."

Freshman Matthew Marks believes Jonathan would have been pleased with the turnout and overall success of the day. Marks spent Friday night with Nabors' family.

"Jonathan's family was impressed and really appreciated the gesture," Marks said. "Mr. Nabors said he'd bring gloves and work clothes for next year's service day."



photo by Emily Barnes/Photo Editor

Sophomores Allison Bruneau (left) and Virginia Brumby, and freshman Richard Bendall share a watery bonding moment with 5-year-old Walter Styles during an outing for community Big Buddys. This was one of the activities for "Serving in Memory," sponsored by the Freshman Leadership Council.



Photo by Emily Barnes/Photo Editor

Senior David Sugerman shows his form at the Habitat for Humanity Bowl-a-thon at Lex Lanes.

Chief Justice Rehnquist to speak

By Dan Grattan
NEWS EDITOR

More than 100 prospective lawyers will venture out from the confines of the W&L community this Sunday with a send-off from the top judicial figure in the land.

The Honorable William H. Rehnquist, Chief Justice of the U.S. Supreme Court will deliver the address at the Washington and Lee University

School of Law commencement this Sunday at 2:30 on the lawn in front of the Lee House.

Before presiding over the Senate impeachment trial of President Bill Clinton, Rehnquist served as an associate justice of the Supreme Court for 14 years, from 1972-1986. He was named chief justice in 1986 under administration of former President Ronald Reagan. He was appointed by President Nixon as assistant attorney

general, office of legal counsel, in 1969.

This marks Rehnquist's second official visit to the W&L law school in recent years. He delivered the keynote address at the dedication of the Lewis F. Powell Jr. Archives in the spring of 1992.

The commencement ceremony will begin at 2:30 p.m. on the lawn in front of Lee House. In the event of rain, the ceremony will be held in the Warner Center.

Buffalo Creek Music Fest to rock Zollman's

By Dan Grattan
NEWS EDITOR

Fear not spring term junkies, the annual Buffalo Creek Music Festival is coming this weekend to Zollman's Pavilion, and it is going to be great as usual.

"Buffalo Creek is going to be run exactly as it always has been," Director of Student Activities Owen Barker said. "It won't be run like this year's Halloween party at Zollman's, and it's going to be a blast."

There will be three stages for bands this year, two outside and one inside the pavilion. According to Chris Noland, who is the main organizer of the event, there will be one difference in the format this year.

"We are only going to have one band on Friday night this year," Noland said. "There is a reasonably small group of people who generally make it out for the first night, and they are usually busy setting up their fires and camps."

According to Barker, this year's event should prove to be another great one, and only improved be-

cause of the funding provided by Washington and Lee University through the SAB. Barker says that the SAB money helps tremendously in bringing more quality acts to the festival.

"The bit of money that the school provided will just make the show that much better," said Barker.

So get your tents and lawn chairs ready for another two days of love and music in Lexington, because the bands this year are going to be fantastic.

Many of the better bands to play at W&L in recent years will be found at Buffalo Creek this year, along with a few new additions that will add depth to the great lineup that Noland has put together. Bands like Agents

of Good Roots and Zen Tricksters will join with the Ominous Sea Pods, Zion Wave and Disco Biscuits on Saturday. W&L student band Barclay Honeywood will kickoff the long list of acts on Saturday.

One of the best parts of spring term is going to happen again this year, but according to Noland, it will take the continued support of the Greek system and the W&L student body to keep going strong in future years.

"The festival is funded through fraternity and sorority donations as well as t-shirt sales," Noland said. "We got twelve fraternities and one sorority to give money this year, and I hope that will keep going strong in the future."

1999 Buffalo Creek schedule

Friday, May 14
10 p.m. Emma Gibbs Band

Saturday, May 15
12 - 1:30 Barclay Honeywood
1:30 - 3:00 Humunculous
3:00 - 5:00 Zen Tricksters
5:00 - 6:00 Zion Wave, set 1
6:00 - 7:30 Agents of Good Roots
7:30 - 8:30 Zion Wave, set 2
8:30 - 10 Ominous Sea Pods
10:30 - ? Disco Biscuits

Generals lax earn NCAA first round bye

By Ryan Gielen
STAFF WRITER

The road to Byrd Stadium, the site of the NCAA Finals is set, and this year it goes right through Lexington.

Last night the Generals were rewarded a first round bye in the upcoming NCAA Tournament thanks to a regular season record of 13-1 overall and 6-0 in conference. They share the extra week of rest and practice with Gettysburg, Washington College, and Salisbury State, who also received first round byes.

The Generals first game of the Tournament will be the quarterfinals on May 16th here in Lexington against the winner of Denison vs. Ohio-Wesleyan. Wesleyan, remember, is the team responsible for knocking the Generals out of the playoffs in the quarterfinals last season. The Battling Bishops came to Lexington last year and dominated W&L, 17-8.

Denison may be the favorite in the first round contest, however, as they

defeated OWU earlier this year, 14-9. Also, the Big Red may be looking for some revenge of their own against the Generals. W&L beat Denison in the first round of the NCAA's last year, 16-13 on Wilson Field.

If the Generals were to win their opener and advance to the Semifinals on May 23rd, chances are they will face either Salisbury State or Hampden Sydney for rights to advance to the finals.

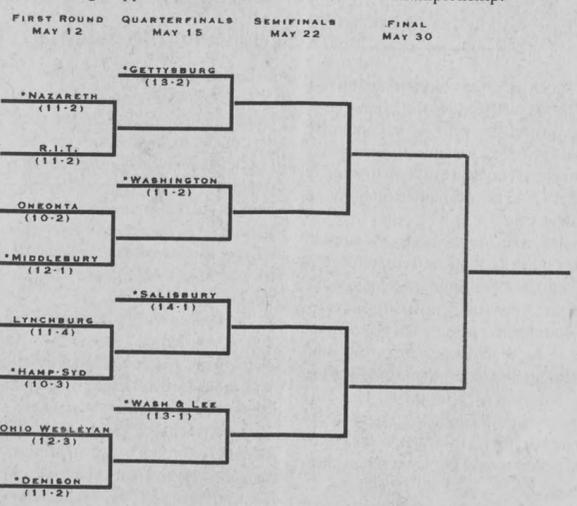
Salisbury State is an athletic team who scores a lot of goals and may match up well with W&L. Last week, Salisbury beat Washington College, who is the only team that the Generals have lost to all season.

On the other hand, the Generals had a hard-won battle against Hampden Sydney just three weeks ago, emerging victorious 9-6. Hampden-Sydney is a possible second round opponent for the Generals, as well.

On the other side of the bracket, #5 Nazareth will have quite a difficult time getting to the championship game for

the fourth consecutive time, as they will have to defeat 11-2 R.I.T. and top ranked Gettysburg just to get to the semi-finals, where they would face another tough opponent.

Look for Middlebury (who is 6-1 against top 20 opponents) or Washington College to upset the top half of the bracket and challenge the Generals for the championship.



The Ring-tum Phi May 10, 1999

OPINION:
Nudity, response from CO

PAGE 2

W&LIFE:
Prof. Ray phases retirement

PAGE 3

SPORTS:
Profiles and more lax

PAGE 4

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FOLIO
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1999/2000
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The Ring-tum Phi OPINION

PAGE 2

STAFF EDITORIAL

Now for an unwanted rant on an oft-discussed topic - procrastination.

The act of delaying any necessary action or task is looked upon in academic and business circles as a negative thing. We here at the *Phi*, however, feel that procrastination may be one of the greatest classes offered at any college. During a lengthy session of procrastination, a student may learn more in their wanderings than they would in a classroom setting.

So in order to facilitate your next session of putting things off, we would like to offer this list of things available to every student that can help you waste a whole bunch of time, and perhaps learn a lot as well.

You can: clean your room, check e-mail, look on the web (check out www.procrastinators.com, it's not done yet but someone will get to it sometime soon), floss, balance your checkbook, talk to an elderly person (they have better stories than anyone else), do dishes, go to Wal-Mart (why not?), develop a sudden and overwhelming interest in the appearance of your toenails, drink a 40, fall asleep outside (only applicable during spring term), monitor the progress of your favorite stocks on the CNBC NYSE ticker (can be done while drinking a 40), watch the remains of four acres of pine forest burn in a controlled fire, watch the Colonnade Cam for an hour or two, write to the Kevin McManemin fan club, sing with Radio-man, play nasty pranks at lunch time involving a piece of chalk and tires of cars parked along Washington Street, grab a hammer and help out Habitat for Humanity's latest project, learn to fly fish, analyze the lyrics to a song by the New Kids on the Block or the plot line of a Brian Bosworth film, call a relative that you have not talked to in quite some time, or walk around and single-handedly reinstate the speaking tradition.

If procrastination did not exist, many things would be different in all of our lives. First, this editorial might have been funny. But also, we would not have gained much of the valuable, if not useless information that we currently possess. So keep putting everything off as long as possible, it may turn out to be the best thing you haven't done all day.

Quote of the week:

"He slimed me."

— Anonymous sophomore girl making an observation at Sigma Nu's "Shipwrecked" Party.

The Ring-tum Phi

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Where have you gone, Joe DiMaggio?

They say that children need role models. I'm not exactly certain who "they" is; I'm pretty sure it's the same omniscient "they" that say broccoli is good for you, don't swim for an hour after eating and never put salt in your eyes. I have the sneaking suspicion that "they" is the guy from that ridiculous "wear sunscreen" song.

But that's neither here nor there. (Actually, it's definitely there, but that's neither here nor there either). The point is that kids need role models, and in our unheroic age role models are about as hard to come by as well-spoken Jerry Springer guests.

In their infinite wisdom, "they" say parents should be children's best role models. But in an age when divorce is more common than fights on the Springer show, (sorry for all the Springer gags, they were having a clearance sale down at the comedy warehouse) the only contact most kids have with their parents is through a monthly child support check. And in an age when skipping child support is as popular as lesbian stripper love triangles on Springer (sorry), even that's kind of iffy.

Back in the day kids didn't need to look up to their parents. Kids had real heroes like John F. Kennedy, Mickey

Mantle and the Babe to idolize. Today we've got Teddy Kennedy, Albert Belle and the entire NBA. Of course, this disillusionment isn't necessarily a bad thing. It turns out Mantle and Ruth were both drunks, and when JFK wasn't cheating on his wife he was secretly starting a war in Vietnam. Anytime you elevate someone to hero status, you can be sure they'll only disappoint.

Where have you gone, Joe DiMaggio? He's in the bathroom popping pills as his wife Marilyn Monroe is out f***ing the president.

No, our children don't need heroes. What they need are some good enemies.

Think about it. Nations work best when they're fighting against somebody else. A people are never more unified than when they're marching off to war. If we want our children to learn to work hard and work together, don't give them some hollow role models to blindly follow like a flock of sheep. Pick some other country or minority group, spread the happy little seeds of hate and watch the miracle of human nature take over.

You know, the other day I was talking about this with my Russian mail-order bride Svetlana. I don't speak Russian and neither of us speak particularly good English,

but we agreed on one thing: our nations were a lot happier when they had each other to hate.

"Svetlana, dear," I said, "When I was a kid we were always afraid you Krazy Kommies were going to nuke us."

"Green card come today," she responded. "I leaving you now."

"And it turns out most of your nukes were just hollowed out shells, but we still spent hundreds of billions of dollars that we could have used to solve all our social problems trying to compete with your empty shell production, only to scrap most of our nukes in a bunch of worthless treaties in the eighties anyway. Boy, it sure is funny how things work out sometimes, eh, darling? Darling?"

I don't know where Svetlana went, probably to the store, but when she gets back I think we'll talk about raising our children (we've already decided on names: Yuri and Samantha). When the kids are old enough I'm going to teach them about the godless Chinese who are responsible for all the problems of the world. Then I'll watch them shake themselves from the apathetic slumber so many kids go through life with, and smile with pride as my children attack the world with the energy of an enraged lesbian on Jerry Springer (sorry, but at those prices I couldn't afford not to buy the Springer gags).

Φ I'm Not British
Kevin McManemin '00

Spring term much ado about nothin'

For twenty-four academic weeks it's all we talk about. We watch snowflakes fall, pound keyboards furiously in darkened dorms, beg Mom and Dad to replenish our Domino's Depression funds and wonder how 12 measly credits could ever bring so much misery. We dream sleep-deprived dreams of the light at the end of the tunnel:

Ah, that time when students roll leisurely out of bed for that one class that wouldn't think of beginning before noon, lounge lazily in the Front Lawn sun, and guzzle beer luxuriously in Goshen.

Well, welcome to reality. Turns out that one class is a hated gen-ed must, begins at 8 a.m., has a 14 hour lab twice a week, a mandatory attendance policy, one of those profs who got tenure back during the Civil War when corporal punishment was cool, and a maximum grade of a C.

Those students lazing on the Front Lawn are calculatingly maximizing their time by combining studying and tanning, because who has time for both? They'll smile tightly if you stop to say hi, but they're really thinking that the ten minutes you spend socializing will have to be taken out of dinner, which will now consist of raw ramen. Oh, and those dudes guzzling beer at Goshen are sure gonna get theirs. Heh.

For the rest of us, the sun comes out, as does the nauseating mix of bright white limbs and fake tans. You know who you are. And the only guzzling to be heard immediately follows the cracking of a can of Slim-Fast as

we make up for a winter spent hibernating around the heat of that Domino's box.

After much ado spring term arrives and for roughly 380 seniors, minus everybody graduating with an Ernest Williams degree and a nine-figure starting salary, this means entering a controlled panic. Anyone wishing instantaneous death has only to ask one question, "gotta job yet?"

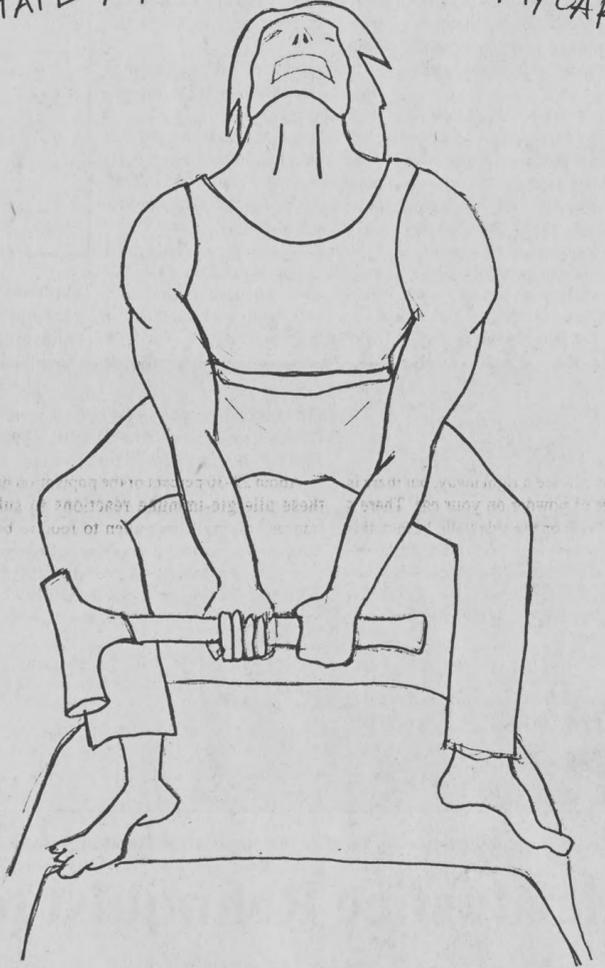
The dream that a W&L degree guarantees them a place in society's elite is over, and the realization that Welfare is substantially more profitable than any of the incoming job offers has hit. Instead of figuring out how to attract employers' attention with sparkling resumes, soon-to-be-grads are printing up "Will expound virtues of Kierkegaard for Natty Light" signs in a sexy font and practicing the Phrase of the Future... "Do ya want fries with that?"

Yes, once upon a time there was a dream of a relaxing six weeks in April and May. It was a pretty little dream, and now lies broken amongst a flurry of midterms that came two weeks into the term, allergies, interviews, and last-minute arrangements to find something useful to do with the summer. We now recognize that spring term is simply a guise to trap us into three extra weeks of school. The only difference would seem to be the overwhelming sense of apathy with which we go about cramming eight weeks of learning into six. Nobody cares.

I don't care. Maybe somebody else will finish this damn editorial...

Φ Yankee-doodle-doo
Polly Doig '00

I HATE MY WIFE - I WILL KILL MY CAR!



Memories of Buffalo Creek...

Baring all stops pedestrians, not war

"Five women bare all in Madrid to protest war," the headline read. Apparently people who were lined up to pay taxes in Madrid were treated to five women, covered in brown paint, who shouted anti-Slobodan Milosevic and anti-NATO slogans. After 15 minutes, the women put their clothes back on and were escorted out by security.

Nakedness protesting rampant chaos, destruction and death? Oh, okay. Thank goodness you're doing something useful.

I understand the concept of using shock as a way to call attention to a particular cause, but this is really pretty ridiculous. How is this going to stop any of the war? If I thought by baring my chest I would provide a home for 100 refugees, I wouldn't hesitate to tear off my shirt. But all that really happened was that these five women called attention to themselves and not their cause.

Lately, personal fame seems to be more of a motivation for protest against injustice than the actual desire to better the situation. Think back to about a year ago when a group of students from American University were detained in Myanmar (Burma) after passing out pro-democracy pamphlets. The 17 or so students were thrown into prison for violating Myanmar's totalitarian laws. The entire event became a media circus, with the leader of the group declaring that they would continue to fight totalitarianism and how they weren't really afraid because they knew that the United States would get them out eventually.

There's nothing wrong with fighting totalitarianism. I

rather like the idea. However, these students don't seem to understand that their joyride to Burma and a Burmese prison may have resulted in Burmese citizens being harmed for accepting their pamphlets. Again, what happened was not magnificent change but a media-fest celebrating the protesters as celebrities.

Was anything done? No. Was anything changed? No. Was any goal reached? No, unless the goal of the protesters was to gain fame for themselves.

Noble causes are wonderful. It's even more wonderful when people take up noble causes because they care about the cause and want to make a difference. But if you want to stop the war or free a nation, it's going to take a lot more than getting naked. Fifteen minutes of fame for yourself under the guise of a noble cause isn't going to feed a starving child.

LETTER TO THE EDITOR

McManemin hatemail continues

Dear Editor,
I am writing in response to Kevin McManemin's April 26th column about the Columbine High School shooting. I am an alumnus and a teacher in the area and I care deeply about tragedies like this one. I also care about how we should react so something this horrible will not happen again. I feel that Mr. McManemin's remarks are definitely not the right solution.

I am particularly offended by his statements about Christianity. He stated that "Judeo-Christian morality has been around a long time and... it hasn't worked all that swimmingly." Personally, I haven't seen a whole lot of morality or Judeo-Christian ethics taught by Hollywood or our political leaders. Have you? Mr. McManemin

goes on to blame Christianity for the Spanish Inquisition and the Crusades. This is bogus. You cannot blame a faith for the grievous mistakes of some deeply disturbed individuals. Our leader, Jesus Christ, strived for and even died for peace and happiness among all people. Furthermore, I challenge anyone to find anywhere in the Bible where God said for us to kill people for His sake. Again, I cannot emphasize how ridiculous this is.

Finally, and most importantly, Kevin McManemin's stupid remark "Hey let's teach kids about Jesus! Yeah, great. Maybe instead of opening fire on jocks, they'll just shoot up abortion clinics instead," was in very bad taste and offends all Christians. Jesus said in Matthew 5:44 "Love your en-

emies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you and persecute you," and in John 15:17 "These things I command you, that you love one another." Does Mr. McManemin really think that Christ would therefore call for such horrors as these mentioned? Is he really that insensitive to make such a statement in response to the Colorado tragedy and others like it?

The way to deal with the Columbine shooting is with love, understanding and vigilance to prevent it happening again. Not with sarcastic, offensive and insensitive remarks. Thank you.

Sincerely,
Shawn Osolin '94

All's well that ends well: Ray says goodbye

By Elianna Marziani
FEATURES EDITOR

An annual Christmas card with a picture of a moving van on it — Professor George Ray grew up in a family that moved 11 times in 16 years. Ray's life has been full of changes, the current one perhaps one of the larger ones in his life. After serving the university as an English professor for 35 years, Ray is entering phased retirement and will completely retire after two years.

George Ray was born on December 4, 1932, in Binghamton, New York. Far from pondering "To be or not to be?," Ray wanted to be a farmer when he grew up. He enjoyed haying, threshing oats, and cutting corn, was thinking of attending Cornell and going into scientific farming, and was all set to be a new and improved "Old MacDonald."

The Fates, though, had weaved different plans for Ray. He ended up attending Wesleyan University, where Professor Keith Huntress led Ray on a tour guide through T.S. Eliot's "The Wasteland" in a sophomore English class, and Ray liked it so much that he did not want to leave. He joined a bunch of his friends and Chi Psi fraternity brothers in becoming an English major. He eventually went on to receive both his masters degree and Ph.D. in English language and literature at the University of Rochester. First, however, he needed to do his duty for the country.

For about 25 years in the middle of the century (1948-1973), there was a peacetime draft which required that any men who were drafted serve in the military for a few years to fill empty slots. This idea is totally foreign to the current generation. However, a military draft, for both peacetime and wartime, did ex-



Photos courtesy of the Calyx
Then and now: Professor George Ray is entering phased retirement after 35 years of teaching English at W&L.

ist in the not-too-distant past.

In 1940, President Franklin Roosevelt approved the Selective Training and Service Act of 1940, which created the first peacetime draft in the United States and founded the Selective Service System to administer it. From 1948 until 1973, men were drafted to fill positions for which there were no volunteers. The draft ended in 1973 and the army became all-volunteer again, yet men are still required to register for the draft as a safeguard against unexpected shortages in the military in emergency conditions.

Ray served as an officer in the marine corps during the period that followed the Korean War, from 1954 to 1957. He opted to take officers' training, become an officer, and give a three-year time commitment to the marines rather than just serve as an enlisted man for 2 years.

Though the draft caused Ray to suspend his education for a few years, it actually ended up helping his education in the long run. The monetary help of the G.I. Bill helped Ray af-

ford his masters and doctorate work at the University of Rochester and move forward into his career.

He served as an instructor for one year at the University of Rochester and then taught at the University of Virginia from 1962-1964. As he hadn't found the support he sought at the time, Ray began looking for another position. He learned that Dr. Fitzgerald Flourney, a Washington and Lee professor who was a Rhodes scholar and what Ray describes as "one of the greatest teachers of that era," had died, and Ray came to take his place. Ray had some big shoes to fill. While he claims, "I don't think I've ever filled

them," many people on campus would beg to differ.

Senior English major Chris Edwards said, "I've never had him in class, but he knows my name, and he has always been very nice."

Senior Chad Reynolds said, "[Ray's] departure marks the transformation of the English department... it's sort of the beginning of the end of an era." About Ray's teaching style, Reynolds said, "He's not easy, but he's not unjust... he makes you work, and he makes you want to work."

"Death Ray," as his students, ex-students, and any who have heard his reputation for tough grading jokingly call him, has definitely left his mark on the University.

After 35 years at W&L, Ray has seen quite a few changes. Yet, he maintains that the most important things have remained the same.

"There are some changes of a cosmetic nature, but none really of a fundamental nature... The [honor] system still works, the close student-faculty relations, the spirit of civility, mutual trust, mutual respect: I'd like

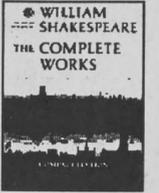
to stress more the continuity at Washington and Lee."

Ray feels fortunate to have worked with several generations of students.

"I regard it as a privilege to have some impact on the development of their intellectual lives," Ray said. "I'm also grateful for having the opportunity to grow as a teacher at a school in an academic environment that is a mutually supportive and caring community. I've been blessed to be part of a department with wonderful teachers and wonderful schol-

ars, and when the time comes for me to step aside, I'll miss that."

Ray plans to spend retirement in Lexington, continuing research and remaining connected to a network of former students and colleagues, and occasionally traveling with his wife.



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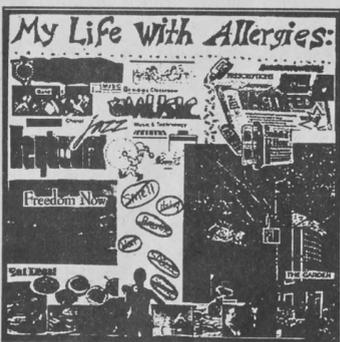
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Bye-bye red eye: allergy relief

By Erica Prosser
SENIOR EDITOR

You may not see it right away, but there is a thin layer of powder on your car. There's also a thin layer on the sidewalk. In fact, this light powder is everywhere. And it may explain why your eyes suddenly itch, why your nose is running all of a sudden and why you find yourself scurrying to the infirmary in the search of relief.

Welcome to allergy season.



What are allergies? Exactly what they sound like. Allergies result from your body having an allergic reaction to an allergen (allergy-causing substance), such as pollen or dust mites. Your body is reacting to expel the substance, a reaction that is often called "too much immunity." Histamine is one of the

chemicals produced by your body to combat allergens, and these chemicals are responsible for the allergic reactions you have.

About 23-30 percent of the population has these allergic-immune reactions to substances varying from pollen to food to bee stings and just about everything in between. "Hay fever" is the general term for allergies in the nose or sinuses, and it is usually what we mean when we talk about seasonal allergies.

Most sufferers have mild or moderate allergy symptoms that are just an annoyance or an inconvenience. When histamine is released all over the body at once, however, life-threatening symptoms can result. Allergies are responsible for about 10 million doctor visits yearly in this country.

So, now that you know what allergies are, do you have them? General allergy symptoms include sneezing, runny nose, nasal and sinus congestion, sinus headache, fatigue and itching of the eyes. Symptoms specific to hay fever include itching of the eyes, sneezing, itching of the roof of the mouth, nasal congestion, sinus headaches and fatigue.

If you really have hay fever and you feel horrible, what can you do? For starters, avoid airborne pollen and spores by limiting your time outside. If you must be outside, time it right: grass pollinates between 6 a.m. and 10 a.m., so spend outside time in the early afternoon if grass is your enemy.

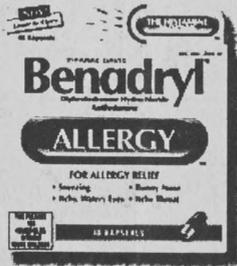
If weeds are more your problem, aim outside time for the middle of the day, as weeds pollinate at sunrise and sundown. Wind also

increases pollen and spore levels in the air, so be wary of windy days.

When you drive, keep the windows rolled up and the air conditioning on. Indoors, keep your air conditioner or dehumidifier running to help reduce indoor spore exposure. Families with allergy problems should avoid indoor pets and wall-to-wall carpeting, as well.

Over-the-counter antihistamines can help, but if your symptoms persist or if you have excessive sinus drainage and/or fever, consult a doctor immediately; you might have an infection that needs antibiotic treatment. Prescription medications obtained from your doctor may also help you battle the allergy symptoms, but don't expect them to work right away; many such drugs need to be in your system for a while before they take full effect.

Allergy season is no fun for sufferers, but there are ways to get relief. Act smart and talk to a doctor if you are miserable. Then go out and enjoy the gorgeous weather.



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Generals sweep ODAC

Team boasts seven All-ODAC players, ODAC Player of the Year, and ODAC Coach of the Year, as Washington and Lee gears up for the NCAA tournament

By Brendan Harrington
SPORTS WRITER

On Sunday afternoon the Washington and Lee men's lacrosse team grabbed a first-round bye for the upcoming NCAA Division III Tournament, but that wasn't the only highlight of their week.

The Generals (13-1, 6-0) dominated the Old Dominion Athletic Conference men's lacrosse postseason honors on Thursday and wrapped up the regular season with a 15-2 pounding of Randolph-Macon on Wednesday.

Sophomore attackman Matt Dugan was named the ODAC Player of the Year and head coach Jim Stagnitta was named the ODAC Coach of the Year. Overall, seven Generals were named first or second team all-conference.

In his 10 years at W&L, Stagnitta has a lifetime record of 106-38. Including this season, he has won four ODAC Championships and has brought the Generals to the NCAA tournament four times.

Dugan led the ODAC in goals (55), assists (26), and points (81) this year and is just six goals and six points away from breaking the W&L single-season records for goals and points.

Dugan was joined on the first team by junior attackman Chris Brown, sophomore midfielder Pope Hackney, junior defenseman Charlie Antrim, and sophomore defenseman Pete Iwancio.

Junior attackman Colin Dougherty and sophomore midfielder Bernie Norton were second team selections.

On Wednesday afternoon at Wilson Field, the Generals wrapped up the regular season with their 12th straight win, a 15-2 thrashing of Randolph-Macon.

With the victory, the Generals finished undefeated in the ODAC for the first time since 1993.

Dugan led all scorers with three goals and five assists, and Dougherty tallied four goals and one assist.

The Generals took a 2-0 lead with 5:55 left in the first quarter on a goal by Dugan, but two minutes later the Yellow Jackets (9-6, 1-5) struck back with a goal by senior attackman Dan Carver to cut the Generals' lead to 2-1.

But it would be all W&L after that point, as the Generals scored 13 consecutive goals and held the Yellow Jackets scoreless for more than 28 minutes. Randolph-Macon added their second goal with 5:03 remaining in the game to

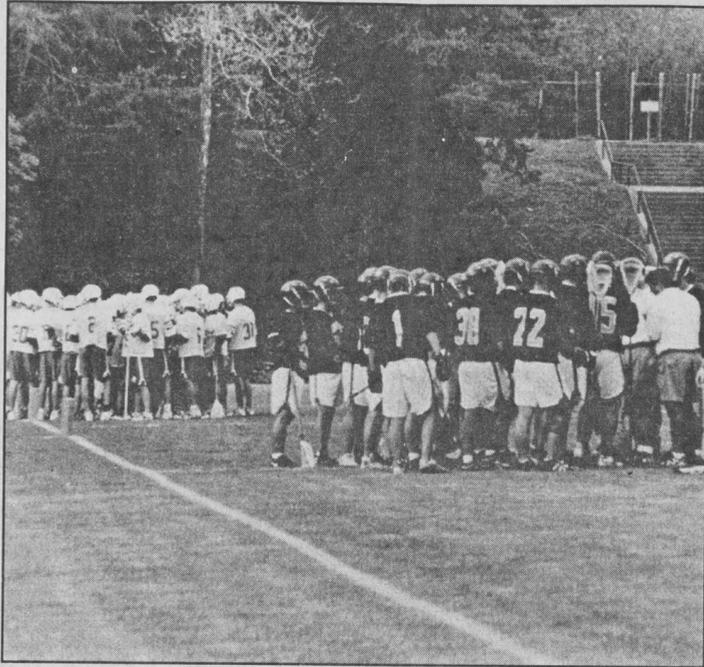


Photo by Emily Barnes/Photo Editor

No room for debate: the men's lacrosse team closed their ODAC Championship regular season on Wednesday with a 15-2 win against Randolph Macon.

make the final score 15-2.

The Generals play in the quarterfinals of the NCAA Tournament on Saturday afternoon at Wilson Field against either Ohio Wesleyan or Denison, who will play each other on Wednesday for the right to come to Lexington.

The Generals defeated Denison last year 16-13 in the first round of the NCAA Tournament and lost to Ohio Wesleyan 15-6 in the quarterfinals.

Scoring Summary

	1	2	3	4	Final
W&L (13-1)	4	4	7	0	15
RMC (9-6)	1	0	0	1	2

Woman among men

By Frances Groberg
SPORTS EDITOR

Senior co-captain Cory Mettee started playing lacrosse in the third grade. But there was something different about her beginning.

"I had to play in the boys' league because there was no girls' program near where I lived," Mettee said. "So for two years, I learned how to play in full equipment."

Now she plays a form of men's lacrosse on a women's lacrosse field.

In her four years playing women's lacrosse at Washington and Lee, Mettee has shown that she is not afraid to use physical strength as well as skill to ward off opponents. She loves to win, and she's not afraid to show it.

"You always want Cory to look at you and tell you you played well," jun-

ior co-captain Katherine Riddle said. "She just loves lacrosse."

Her unconventional style seems to have paid off, as Mettee was awarded All-ODAC honors this season. It also helped to motivate this year's extremely young team.

"Cory wants to win, and she expects you to play hard," Head Coach Jan Hathorn said. "It was a good example as to how to get up and play every game as hard as you can."

Mettee considers lacrosse one of the most positive influences on her life.

"It taught me how to be competitive in a healthy sense, to be a humble winner and a good loser in every aspect of life," she said.

"Without Cory, I think the team will lose some of its spirit and fire," Riddle said. "There's just something about her that makes everyone play well."



W&L ODAC All-Stars

1999 has been a successful year for sports here at Washington and Lee. From ODAC Championships to Players of the Year, Rookies of the Year to Coaches of the Year, the Ring-tum Phi salutes them once again.

Championship Teams

Volleyball
Swimming
Men's lacrosse
Men's tennis
Women's tennis
Golf

Players of the Year

Mikel Parker (Men's soccer)
Margaret Hoehl
(Women's swimming)
Matt Dugan (Men's lacrosse)

Freshmen of the Year

Lindsay Ruckert (Volleyball)
Paul Wallace (Men's soccer)
Jessica Mentz
(Women's basketball)

Coaches of the Year

Terri Dadio-Campbell (Volleyball)
Kiki Jacobs-Moore (Swimming)
Jim Stagnitta (Men's lacrosse)
Jeff Stickley (Baseball)
Kevin Moore (Golf)

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